



Congratulations you survived your first class! We hope your muscles don't ache too much tomorrow, and of course you enjoyed the class?

OMF is like having a personal trainer looking after multiple clients at once. Our instructors will keep you engaged and provide encouragement (and banter) to get you through the hour of training.

We hope that you continue to come to the classes to challenge yourself both physically and mentally. It is recommended that you try to attend at least three classes per week in order to see and feel a noticeable difference to your flexibility, fitness and well being.

Here at OMF our instructors are constantly evaluating your training and fitness progression. We have monthly fitness tests to ensure that your are training in the correct ability group, and quarterly social events providing the opportunity to get to know your fellow members off the training area.

Training in a group of like-minded people will ensure all OMF workouts are hard but fun, you will always be looking forward to your next class. If you have not done so already, you can keep updated on future events, or just interact with other members through our Facebook twitter pages.

We look forward to seeing you again soon...

	MON	TUES	WED	THUS	FRI	SAT	SUN
EAST GRINSTEAD	10am	6.30pm	10am	6.30pm	No class	8am	10am
CRAWLEY	6.00pm 7.30pm	10am	6.00pm 7:30pm	10am	No class	10am	8am
HORSHAM	10am	6.00pm 7.30pm	10am	6.00pm 7.30pm	No class	8am	10am
HAYWARDS HEATH	6.30pm	10am	6.30pm	10am	No class	10am	8am

E: info@outdoormilitaryfitness.com
T: 07974 801611



Name:

Phone no:

Company Name (may be eligible for corporate discount):

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Joining Options

Membership Options (Please tick)	Monthly Direct Debit Payment
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<input type="checkbox"/> One Class per week (four a month)	£20
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<input type="checkbox"/> Unlimited Classes	£35
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<input type="checkbox"/> Corporate Unlimited	£28
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<input type="checkbox"/> Student / over 50's	£22
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<input type="checkbox"/> Joining Fee*	£25
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Collection Date (Please tick)

1st (or next working day)

15th (or next working day)

*You do not need to pay the joining fee if you sign up within 48 hours of your free trial at www.outdoormilitaryfitness.co.uk

By ticking this box you are confirming that you are entering into a minimum three month contract (please see terms and conditions)

Signed.....

Date.....



Eazipay Ltd re Outdoor Military Fitness Training Ltd

Please fill in the whole form including official use box using a ball point pen and send to:

Eazipay Ltd re Outdoor Military Fitness Training Ltd
14 Punnetts Court
Salvington Road
Crawley
West Sussex
RH11 8UP

Name(s) of Account Holder(s)

Bank/Building Society account number

Branch Sort Code

Name and full postal address of your Bank or Building Society

To: The Manager
Bank/Building Society
Address
Postcode

Reference OFFICIAL USE ONLY

Instruction to your Bank or Building Society to pay by Direct Debit

Service User Number

4	3	9	4	9	9
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FOR Eazipay Ltd re Outdoor Military Fitness Training Ltd

OFFICIAL USE ONLY This is not part of the instruction to your Bank or Building Society.

Instruction to your Bank or Building Society

Please pay Eazipay Ltd re Outdoor Military Fitness Training Ltd Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Eazipay Ltd re Outdoor Military Fitness Training Ltd and if so, details will be passed electronically to my Bank/Building Society.

Signatures
Date

Banks and Building Societies may not accept Direct Debit Instructions for some types of account

DIRECT DEBIT TERMS & CONDITIONS:



Minimum Membership Term:

The minimum membership term is three full calendar months. With a rolling monthly membership after this period. Cancellation before the end of the minimum (three month) membership period, by prior agreement with OMF may be possible on payment of a £50 early cancellation fee.

In case of injury, early cancellation without penalty will be permitted, on production of a suitable medical certificate. Under the Direct Debit Guarantee, you are entitled to cancel a direct debit at any time. Please note that if you do this within the minimum membership period (first three months), without making alternative arrangements for payment, we will pass this information onto a collection agency.

Cancellation and Suspension:

Once the minimum membership term period is up, you may cancel your membership at any time by giving five days notice, before the end of the calendar month. Notice may be given by phone or email. Confirmation of your cancellation will be emailed to you within a twenty-four hour period.

On completion of the minimum membership period, you may suspend your membership for periods of a month or more without penalty. Just notify us five working days before the end of the month when you want the suspension to start.

Payment Terms:

Membership payments are collected by direct debit on the first working day of each month.

If you join mid-month you will be charged a pro-rata amount based on the number of days remaining in that month.

Payment will be taken ten days of your direct debit being successfully set up by your bank.

Payments that are refused by the bank on the grounds of insufficient funds will be recalled within seven days, unless an alternative method is made.

Refund Policy:

Membership refunds are not given, other than case of error on our part

If you are injured and unable to train, please contact us immediately. We will be able to put your membership on hold, and credit you with unused paid membership time on your return. Please note that under no circumstances will such arrangements be backdated

Training Conditions:

You may train at any OMF parks as long as your membership payment is up to date.

The Direct Debit Guarantee



- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits
- If there are any changes to the amount, date or frequency of your Direct Debit Outdoor Military Fitness Training Ltd will notify you only 5 working days in advance of your account being debited or as otherwise agreed. If you request Eazipay Ltd re Outdoor Military Fitness Training Ltd to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by Eazipay Ltd re Outdoor Military Fitness Training Ltd or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society
 - If you receive a refund you are not entitled to, you must pay it back when Eazipay Ltd re Outdoor Military Fitness Training Ltd asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.